Winter Social December 8th at 2:00 PM

Remington Lions Club

Date & Time
Sunday, December 8, 2019
2:00 pm

Location
Remington Lions Club
11326 James Madison Hwy
Bealeton, VA 22712

Register on-line for $10, or pay $15 at the door!

https://www.lions24l.org/WinterSocialRegistration

Lion Links
- District 24-L
- LCIF
- MyLion App
- LCI
- Lion Magazine
- Training
Fellow Lions,

I want to invite all of our Lions to join us at the Remington Lions Club for our Winter Social this Sunday, December 8th, at 2:00pm. Come and join us in fellowship and get to know your fellow lions! Refreshments and hors d’oeuvres will be served. You can register on-line at:

https://www.lions24l.org/WinterSocialRegistration

Our 2020 Winter Conference will be held at the Best Western in Culpeper on Saturday, February 8, 2020. We will have a social and dinner on Friday night, followed by our hospitality suite. On Saturday, we will have class sessions during the morning. During lunch, our keynote speaker will be Past International President Joe Preston! After lunch, we will hold our district meeting. Registration information will be going out in the next few days, and you will be able to register by mail or on-line.

It’s hard to believe that our Lions year is almost halfway over! I want to thank all of our lions who have worked so hard this year. I have had the honor and pleasure of visiting many of our clubs, and have enjoyed meeting each of you and seeing how each club is both unique and part of our team.

During the holiday season, it’s easy to forget those less fortunate, so please keep up your food, clothing, and other donations. We Lions make a difference in the lives of so many people, and for many your gifts may be the only presents they receive. We have added a “Contributions” page later in this newsletter listing the various organizations and foundations that make up our Lions world here in Virginia.

I hope each and every one of you has a very happy holiday season, and I am looking forward to working with all of you throughout the new year!

Merry Christmas!

Yours in service,
Lion Scott McMurrain
District Governor
Second Vice District Governor
Thomas Kenavan

I hope and pray that each Lion and all of their family members had a great day this past Thanksgiving day, and are looking forward to the Joy and fun the Christmas season, especially Christmas Day, brings to the world.

As for the Kenavan’s, Sally and I will be experiencing those Joys with the next family invasion, especially with the four newborn great grandchildren.

As for me, I’ll be continuing studying the SVDG and FVDG courses in preparation for succeeding to moving up, and performing Club visitations.

Till then, From us here at the Kenavan’s home to each of you, Here’s wishing each and every one of you a Very Happy and Merry Christmas,

God Bless,

Tom
2nd Vice District Governor
fussasan@comcast.net

Bailey’s Crossroads Host Lions
Chartered in 1954

Home of
PID Roy Wilson
PCC Mike Valencia
PCC Shirley Wilson

1st & 3rd Thursday
6:30 (Social) 7:00 (Dinner)

Goodwin House Bailey’s Crossroads
3440 S. Jefferson Street
Falls Church, VA 22041

We Serve

LIONS FUNDRAISER
Join Us 1st Tuesday EVERY MONTH
ALL DAY Foster’s Grille - Vienna, VA
Place Receipt In LIONS BOX Near Register
20% of guest receipts donated
Fund Youth, Sight, Hearing Projects

Vienna Host Lions Club
Donate Used Eyeglasses & Hearing Aids

WE SERVE

Vienna Host Lions Club
valions.org
For Info Call (703) 281-4575
### Club/Member

<table>
<thead>
<tr>
<th>Club/Member</th>
<th>Sponsor</th>
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<tbody>
<tr>
<td>Aquia Evening Host Lions Club</td>
<td>Cynthia O’Grady</td>
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<td>Brandalyn Bowles</td>
<td>Cynthia O’Grady</td>
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<td>Cheryl Hayman</td>
<td>Doris Bunker</td>
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<td>Paula Patrick</td>
<td>Barbara Cole</td>
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<td>Laurier E. Posner</td>
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<td>Susan Shelton</td>
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<td>Aquia Harbour Host Lions Club</td>
<td>Christopher Scott</td>
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<td>John P. Robertson</td>
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<td>Charlottesville Host Lions Club</td>
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<td>Tyler S. Griffin</td>
<td>Dan Anderson</td>
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<td>Clifton Lions Club</td>
<td>Keith Stokes</td>
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<td>William F. Schlichtig</td>
<td>Anthony White</td>
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<td>Dale City Lions Club</td>
<td>Willie Barr</td>
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<td>Maomi Cuffie Brooks</td>
<td>Wilhelmina Santiful</td>
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<td>Shavonda R. White</td>
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<td>Tigest Yosef</td>
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<td>Edinburg Lions Club</td>
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<td>Mary M. Hoffman</td>
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<td>Lake of the Woods Lions Club</td>
<td>Philip Lohmann</td>
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<td>John Licata</td>
<td>Kimberly Lyttle</td>
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<td>Merrifield Lions Club</td>
<td>Sandra Armendaris</td>
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<td>Violet Son</td>
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<td>Remington Lions Club</td>
<td>Curtis Sorsensen</td>
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<td>Michelle L. Clark</td>
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<td>Banjamin Rollins</td>
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<td>Springfield Global Lions Club</td>
<td>Corazon Ballesteros</td>
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<td>Lourdes P. Landgraff</td>
<td>Rosita Azores</td>
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<td>Reyna A. Minogue</td>
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<td>Julieta G. Watlington</td>
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<td>Winchester Host Lions Club</td>
<td>Arthur Lingo</td>
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<td>Olivia E. Escalante</td>
<td>Anne Carnegie</td>
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<td>Brenda E. Hall</td>
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<td>Jessica Neff</td>
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<td>Barbara G. Simons</td>
<td>Gary Yew</td>
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<td>Steve M. Simons</td>
<td>Charles Walton</td>
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<td>Karen L. Walton</td>
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### We Remember ...

Richard Falls, Merrifield Lions Club

Edwin P. Geiger, Reston Lions Club
Virginia Lions Eye Institute Foundation

1. Do you know what we do?? Invite us to your Club/Region/Zone Meetings so we can inform you as to what we do, and how we help those with vision related issues.

2. Besides the Scholarship Grants that we offer, we also support the Lions Eye Clinic, and the Virginia Low Vision Learning Center in Alexandria. We are also working to expand Low Vision Services in Northern Virginia.

3. Check out our “Joe Lipomi Scholarship Grant”. Please check your communities for scholarship applicants. Applications plus detailed instructions and requirements are featured on our VLEIF Website. http://vleif.org/ Please send in applications as you get them, no need to wait for deadline. Get acquainted with the “Teachers of the Visually Impaired” (TVIs) in your local schools, they have the inside track to the students that could benefit from our Scholarships.

4. ATTENTION CLUBS: We now have board approval and a budget set aside to assist clubs that may need help meeting the needs of people with vision related problems trying to enhance the quality of their lives. We will work with the clubs to help when needed. This will be on a case by case basis as needed and within our budget constraints. All we ask is that your Club has (a) Set a reasonable Budget for eye care and exceeded it. (b) Checked with Zone/Region Chair to see if club in nearby area are able to help. If your club has done this, and still need help, please contact us (Letter, E-Mail or Phone Call). Our aim is to make sure that you can meet the needs of your communities.

5. Please consider including us in your budget. We are only able to do what we do because of donations by the clubs and individual Lions. We are a 501(c)3 Organization, and part of the federal government’s Combined Federal Campaign of the National Capital Area (CFCNA), so giving is very easy. Thanks to one and all for your support, and we plan to continue trying to help those with vision-related problems improve their quality of life.

Sincerely,

Ed “Woody” Woodard, PDG, President
VLEIF Board
Cell: 703-314-0889
E-Mail: woodywoodard@cox.net

District Representative for VLEIF is Lion Sheryl Bass
Cell: 703-314-4278 E-Mail: s.l.bass@verizon.net
It’s that time of year as we prepare for the holiday get-togethers and family gatherings. That one time of year that we have a chance to visit with others and catch up on all of last year’s activities. We travel by car, train or plane, sometimes several states away.

Thanks to you, the Clients from Leader Dogs for the Blind can also travel independently not only during the holiday season but all year round. Thanks to you, Leader Dogs for the Blind provides over a million days of safe and independent travel every year.

As we start the holiday season may you find time to treasure the many gifts that we see around us every day and may we realize how blessed we truly are.

In every Leader Dog beats the heart of a Lion!!!

Chuck Schwab
MD24-L Leader Dogs for the Blind Chairman
Lionclschwab@netscape.net
Wishing you a very
Merry Christmas and a Happy New Year
from your Global Membership District Team!

PDG Sally, Erika, & James

Think about your goals from the beginning of the year—are you on task to complete them?

Think about all the hungry children in your community and plan something special to feed the children. Think about our 5 service areas—more new members help to provide many hands for service.

Think about running the Membership Satisfaction Survey (see above) and change your routine to benefit Club members satisfaction.

Think about bringing in more new members and keep your more experienced Lions for stability, guidance, and support!

Think about all you do for your Community, your District, and your Clubs and celebrate the Season! “Where there is a NEED, there is a LION!”
Fellow Lions,

It is my privilege to serve this Lion year in our District Global Member Team this year. I am humbled to be appointed as the District’s Family and Women’s Specialist. My role is to mentor and encourage clubs towards healthy and fruitful membership strategies. As I visited rural areas on the border of Haiti and Dominican Republic this past November, the mission trip reminded me of the significant role Lions Clubs play locally and internationally. The organization, Medical Missionaries, located in Manassas, Virginia provides supplies and medical teams to conduct medical exams to rural areas in Virginia and abroad. In this trip, I had the pleasure to take my young niece who is a former Leo. She had the chance to see first hand the work done there and the significant need that exists.

As we close 2019, Lions get an opportunity to reflect on the goals each Club accomplished, the value each member adds to a club, and the goals one aspires to accomplish in 2020. You are invited to join the “Virtual Meet & Greet” to be held on Sunday, December 15, 2019 at 6:00 PM. This is an opportunity to leverage the advantage of technology and consider making a virtual group event to join from the comfort your home with other fellow lions. This is open to all District 24-L Lion, from the newest Lion to the most tenured.

On January 6, 2020, ladies from District 24-L, members and non-members, are welcome to join the inaugural “Ladies EmPower Hour” virtual series beginning January 6, 2020. This event is for ladies only. Any lady who is a Lion member, former lady Lion members, former Leo members, or prospective female members 18 years old and older. This is an opportunity for the ladies who are unable to meet regular club meetings, anyone that must look after their children at home, or simply professional women interested in a virtual all-women networking circle.

This is an opportunity to share with new lions and have them brief back your clubs on anything new they learned. It is a live call that will allow participants to share struggles and consider alternative solutions or resources.

As we embrace the holiday season, let’s remember this is a season of kindness and giving. Remember to check on each Lion member’s needs as well. Service opportunities exist within our own membership as well! Be a servant Lion! If your club is need of ideas, has a challenge that needs assistance, please do not hesitate to contact me at erika_laos@yahoo.com or text/call my cell phone (571)330-3101.

Yours In Service,
Erika Laos
Building your club through a solid Lions foundation

Everyday there are articles, e-mails and postings encouraging clubs to seek new Members. Without members a Lions club cannot do Service and if we do not Serve then we do not fill our Lions mission. The question I would like to explore is what do you do when you have these new members and how do you keep them engaged? Retention of Lions begins with a good orientation and continues with ongoing mentorship that keeps them committed and growing as a Lion.

Thinking back on my own orientation it was a very short message about the history of Lions and my club. I received a hat, told my bill will come next month and was then invited to the unloading of a semi-trailer full of fruit on Saturday. It was not for many years that I learned about roles of my club leadership let alone the activities at the Zone and District level. Today many clubs, like Montclair, go out of their way to hold a very special ceremony of induction that draws a connection to our roots in being Knights for the blind.

However, there is still more that needs to be done to help the new Lion become engaged and vested in your club. Does your club have a formal process that uses the LCI New Members orientation guidebook. Is the information tailored to your club, with information about District 24-L, LCIF and LCI? Does every Lion have a mentor? A Mentoring Lion creates a relationship with the Mentee to help them grow in Lions knowledge, assume roles of club leadership and helps to build our future Leaders at the Zone and District. LCI has produced excellent resource material for the mentoring process and recognition letters are given to both the Mentee and Mentor for completing the process. If you are interested course material that supplements the New Member Orientation guidebook and the Mentoring handbook I would be glad to help you out. Just send me note to: jamesvcech@comcast.net

Lion Jim Cech
GMT for Retention and New Member Orientation
S.W.O.T.

What is SWOT? It is the most important planning tool for your clubs strategic toolbox. It is a tool for operating your Club based on an “informed strategy” instead of guessing.

Why should my club use a SWOT Analysis? It forms the core of your clubs strategic plan

<table>
<thead>
<tr>
<th>Strengths</th>
<th>Weaknesses</th>
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<tr>
<td>Passion for Service</td>
<td>Reluctance to Change</td>
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<td>Generosity</td>
<td>Lack of Creative Leadership</td>
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<td>Sight and Hearing Focus</td>
<td>Aging Membership</td>
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<td>Focus on Youth</td>
<td>Lack of Compelling “Elevator Speech”</td>
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<td>Flexibility of Club Service Portfolios</td>
<td>Entrenched Beliefs – Apathy</td>
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<td>Outdated use of Technology</td>
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Why should our club have a strategic plan? As Dwight Eisenhower said “In preparing for battle I have always found that plans are useless, but planning is indispensable.”

Strategic planning for Lions Clubs looks at the values we share about Lions and how our own club can meet the objectives we set for our club through our service projects and the fundraisers we hold to pay for many of those projects. Not all service is only volunteer labor – from scholarships, glasses, hearing aids, park benches, to helping to provide what is needed within your community and beyond. The noble causes we support are based on LCI and our clubs core values, vision, and mission.

A Lions Club SWOT looks at four dynamics for that that characterize the club – Strengths, Weaknesses, Opportunities, and Threats. What are the strengths of your club – committed members with lots of experience. While this is good, the weakness may be that most of the members are over 75. So when you look at what projects you want to take on, you will look at your “bench strength”. All clubs need a broad roster of members that passion, skills, time, and commitment. So, while your Club’s Strength may be a roster of 60 members, your bench strength may be 45 due to age or infirmity.

Threats is most often the thing we don’t really look at. But these are very real. They are outside influences that affect our clubs that we need to recognize. For example, are there up to nearly 2 million other volunteer organizations and/or charities that compete for your community’s time, talent, and financial support?

As a result of the SWOT analysis, what needs to be done to win in that competition. What is the action plan to have more visibility in the community? Remember that our clubs are mostly 501(c)(4) clubs. Did you know that there are over 1.4 million 501(c)(3) organizations and only about 300,000 501(c)(4)s? Have you thought about the laws that we must follow – food service, parties serving alcohol, having youth support “construction projects” such as play grounds or fixing up someone’s home for them? Have you thought about Santa protocols for working with children at your Christmas Party--- should the children sit next to Santa or on his lap? And are you aware of the Multiple District 24 policies for doing School Based Vision Screenings with the SPOT camera?

Something to think about – when was the last time you saw an advertisement by LCI in media that is available to non-Lions and Lions? Lions, The Best Kept Secret?
Lions Empowering and Aiding Regional School Nurses (LEARNS) Report

By Kathy Gold

I am excited to share some very good news about the wonderful impact District 24L has done in the education of school personnel in the care and treatment of children in schools living with diabetes.

In the Spring of 2019 Lions District 24L was awarded a LCIF grant to provide a Diabetes e-learning education program for all school personnel in the care of children with diabetes. This need was identified by a request from the Virginia Diabetes Council and the Virginia Department of Education. Over the past 6 months the committee has been very active in promoting this program within the boundaries of 24L.

I would like to share our outstanding results: presently 27 of the 41 school districts within 24L are participating in the pilot program. Loudoun County opted to purchase the program themselves and Fairfax County did not participate allowing us to offer this program to all schools—elementary, middle and high schools in the District. Our hope was that at least the school nurses would participate in the e-learning opportunity. Today we received a report of usage to date and over 2600 teachers, nurses, health aides, administrators, counselors, and school personnel have enrolled and completed the e-learning program! This overwhelming response has demonstrated the need for such a program and the success of the pilot project.

Let me share some comments of school nurses that have implemented the program in their school districts:

“I thought the training was very informative for nurses, especially if you had not worked with a student with diabetes for several years like me. This training gave me a good understanding of how to manage a student with a pump and continuous glucose monitoring. Before this training, I felt a little overwhelmed at the thought of having a student with diabetes but after the training I felt like I had the knowledge to know where to start with a student with a pump and CGM monitoring. I did get a student with diabetes in May last year and I was much more confident providing her care. And the parents were very impressed that the nurses had this type of training. I liked the on-line training because it allowed me to go at my own pace to make sure I really understood the information. “

“I have started in on this LEARNS program and love it. I find it to be a very simplified learning format that anyone could use. The Non-Medical Personnel Training would be a great addition to use for renewing our backup yearly. So far my favorite part has been the CGM information and showing of what the equipment looks like and how it works. Same for the pumps. Glad to see it expanded to include all the nurses! Well worth the training time so far!”

As the LEARNS project manager and the Diabetes Awareness Chair for the Commonwealth of Virginia I would like to commend 24L for supporting and meeting a need. We look forward in continuing this program in 2020 and expanding to all school districts. I would ask that if your club is making a donation to Diabetes that you consider targeting those donations to this very worthwhile project and note on the check LEARNS or if you are interested we are seeking clubs to adopt a school district which is what the Louisa Lions Club has done this year. The cost of a license is $33/school/year.

I would be happy to come speak to your club or your zone meeting to share this successful endeavor. If you have any questions please contact Lion Kathy Gold at 703-282-4078 or at kathy.gold@DiabetesLocal.org.
WOODBRIDGE LIONS CLUB

SHRIMP SALE

Fresh (never frozen) Wild Georgia Shrimp

$14.00 per pound

with delivery on:

Saturday/Sunday, 14/15 December

TREAT YOURSELF TO FRESH SHRIMP

All orders must be in by
Noon, Monday, 9 December 2019

We are also selling large Sea Scallops for $22 per pound, and Oysters for $19 per pint.

To place orders, or for more information,
please contact Lion Sharon Schrack at:
540-349-2735 or email: syschrack@comcast.net
November 21 to December 29, 2019

Truck Location: First Baptist Church of Woodbridge
13600 Minnieville Road, Dale City, VA  22193

On Site Sale Hours:
Tuesday, Thursday, Friday, Saturday: 11:00 AM to 5:00 PM
Sunday: Noon to 5:00 PM

NAVAL ORANGES – RUBY RED GRAPEFRUIT
Oranges & Grapefruit: Case: $36  ½ Case: $19  ¼ Case: $11

Five Varieties of Apples!
RED DELICIOUS, CAMEO, FUJI, PINK LADY & GRANNY SMITH
Any Variety of Apples: Case: $40  ½ Case: $22  ¼ Case: $12
(A full case of fruit weights approximately 40 pounds)

All proceeds benefit Diabetes Awareness, Sight & Hearing Preservation, Drug Awareness, The Old Dominion Eye Bank, Leader Dogs for the Blind, Northern Virginia Lions Youth Camp, and many other services...

Questions? Contact:
Lion Bill Galloway (703) 216-9266
Lion Charles Carroll (571) 237-0141

Thank You for Your Support!

Follow us! Like Us!
NORTHERN VIRGINIA LIONS MOBILE
SIGHT & HEARING SCREENING UNIT, Inc.
A 501(c)3 Corporation – CFC #37060

Since 1976, We are there when you need us!!!

Book us for Sight & hearing Screenings
E-Mail: Vanscheduler@yahoo.com Check us out at: http://24alionsmobilescreening.org/

Van is funded by Donations from Lions Clubs, Schools, Individuals and Corporations. Donations should be made payable to: “Northern Virginia Lions Mobile Sight & Hearing Screening Unit” and mailed to Treasurer: Doug Cross, PDG, 13334 Fieldstone Way, Gainesville, VA 20155-6616

Book a Program for your Club:
Lion Jim Cech - District Chair - 703-680-2363; E-Mail: jamesvcech@comcast.net or you may call any Board Member.

Looking for a great Centennial or Legacy Project?

Mason Neck Lions Park Benches
8-Foot PARK BENCH
Delivered and Installed
$300 each

Useful for: Parks, Tot Lots, Bus Stops, Recreation Areas, and Memorials.
Constructed of reinforced concretes, treated lumber, and galvanized bolts.

Note: Lions Club Logo not provided.

FOR MORE INFORMATION
LION JOE CHUDZIK (703) 339-1686 or email forservice@verizon.net
LION TOM NALLY (703) 451-5358 or email LionTomNally@gmail.com
DO YOU SHOP ON-LINE?  DO YOU USE AMAZON?

IF YOU SHOP ON-LINE AND USE AMAZON, YOU CAN SHOP THROUGH “AMAZON SMILE”. SIMPLY DESIGNATE A 501(C)3 CHARITY OF YOUR CHOICE, THEY WILL DONATE A SMALL PERCENTAGE OF WHAT YOU SPEND TO THAT CHARITY. YOU JUST SHOP AS USUAL. IT’S AN EASY WAY TO GET A FEW EXTRA DOLLARS FOR YOUR FAVORITE CHARITY!

Is your club using Social Media to keep everyone informed of what your Club is doing???
Do you post your Projects, Fundraisers and meeting times on Social Media??
If Not, Why Not??

Social Media is the future, and more importantly, in your efforts to recruit new and younger members, your club will need to become Tech Savvy in order to get and keep the interest of younger members.

We don’t have all the answers, but are willing to help your club in any way that we can. Together we can find the answer.

Contact your Social Media Chair:
Tejas Patel
tmpatelsoccer@yahoo.com

To set up a Facebook Page or Twitter Account, click on the link below, or paste it into your browser, and it will take you to a page with explicit instructions:

Protect your Identity! Remember your encrypted passwords are only as good as the decryption skills of the person seeking to steal your identity. Change passwords often, and never use personal information in your passwords.

When using Social Media, remember the airwaves are public domain and items posted/transmitted can be view by almost anyone, and are almost always permanent records.
SAHMSU Event Schedule

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<th>End Date</th>
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<tr>
<td>8 Nov 19</td>
<td>9 Nov 19</td>
<td>TBD</td>
<td>Chuck Schwab</td>
<td><a href="mailto:lionclschw@netscape.net">lionclschw@netscape.net</a></td>
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<td>(540) 471-1041</td>
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<td>Sentara Health Care Diabetes Fair</td>
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<td>3 Apr 20</td>
<td>4 Apr 20</td>
<td>Broadway Lions Club</td>
<td>Chuck Schwab</td>
<td><a href="mailto:lionclschw@netscape.net">lionclschw@netscape.net</a></td>
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<td></td>
<td>Fulks Run Health Fair</td>
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<td>(540) 471-2041</td>
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<tr>
<td>22 May 20</td>
<td>24 May 20</td>
<td>Stephens City + 6 other clubs</td>
<td>Charles Harmon</td>
<td><a href="mailto:charlieharmon@mindspring.com">charlieharmon@mindspring.com</a></td>
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<tr>
<td></td>
<td></td>
<td>Newtown Heritage Festival</td>
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<td>(505) 573-6113</td>
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The next meeting of the SAHMSU Board is TBD at 10 a.m. at the Lions Garage, Weyers Cave, VA. Current SAHMSU Drivers and Technicians as well as applicants for driver or technician are urged to attend.

To schedule an event or for questions, contact Lion Mars Champaign mchampaign41@gmail.com, (540) 949-4525.

Those wishing to reserve the unit for an event must have two qualified technicians for that event (in rare cases, an exception may be made by the scheduler in consultation with two SAHMSU directors). Application forms are available at http://www.valions.org/.

Complete refresher training is required of every technician once every two years. Schedule TBA. Contact Sharon Hart (540) 955-6229 for info.

If you would like to drive for SAHMSU, contact Greg Hart Driver (540) 955-6229.

Schedule as of November 19, 2019
CONTRIBUTION INFORMATION

All contributions should be reported on your monthly activity report in MyLCI.

The following listed activities should be made payable to the charity and sent directly to the activity chair. The activity chairs’ names and addresses are listed in the directory under the headings in parentheses and on the website VALIONS.org.

- American Diabetes Association (Diabetes Awareness)
- Canine Companions for Independence (Canine Companions)
- Foundation Fighting Blindness (Sight Conservation)
- Juvenile Diabetes Research Foundation (Diabetes Awareness)
- Leader Dogs for the Blind (Leader Dogs)
- Lions Club International Foundation (LCIF)
- Lions of Virginia Music Scholarship Foundation (Bland)
- Lions of Virginia Foundation (LOVF)
- Northern Virginia Lions Youth Camp (NVLYC)
- Old Dominion Eye Foundation (ODEF)
- Prevent Blindness Mid-Atlantic (Sight Conservation)
- Sight and Hearing Van (S&H Mobile Screening Units)
- Virginia Lions Eyeglass Recycling, Inc. – located in Roanoke, VA (Lions Eyeglass Recycling Center of Northern Virginia)
- Virginia Lions Eye Institute Foundation (VLEIF)
- Virginia Lions Hearing Aid Foundation (Hearing Aid Bank Foundation 24-A)
- Virginia Lions Hearing Foundation and Research Center (Hearing Conservation)

Contributions to the following listed charities should be made payable to Lions District 24-L with a notation on the check as to the activity and the dollar amount and sent directly to the district activity chair. The activity chairs’ names and addresses are listed in the directory and on the website VALIONS.org.

- Adaptive Screening Technology
- Diabetes Awareness, District 24-A
- Lions Services for Children and/or Lions Children’s First
- Eyeglass Recycling Center of Northern Virginia (Lions Eyeglass Recycling Center of Northern Virginia)
- LEARNS Diabetes Grant (Lions Empowering and Aiding Regental Nurses in Schools)
- Lions International Youth Camps and Youth Exchange (Youth Exchange & International Youth Camps)
- Lions Quest Program (Youth Outreach/Quest)
- Special Needs Equipment
- Stamps for the Wounded – both stamps and donations
If your club or business would like to have an ad in District 24-L Paw Prints for July 2019 to June 2020, please follow the procedure below:

1. Create your ad and save it as Joint Photographic Group (.jpg), Microsoft Word (.doc or .docx) or Powerpoint (.ppt or .pptx) document.
2. Send the ad via email to scott@valions.org. State in email the size and cost of the ad you want (see costs below).
3. Mail your Club's check for the ad (payable to DISTRICT 24-L) to:

   Lion Scott McMurrain  
   District 24-L Governor  
   P.O. Box 298  
   Fishersville, VA 22939

4. Your Club advertisement will appear in the next issue of Paw Prints.

Ads costs for July 2019 through June 2020:
Business Card Size Ad: $45.00  
¼ Page Ad: $60.00  
½ Page Ad: $90.00  
Full Page Ad: $150.00

December 2019

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>8</td>
<td>District 24-L Winter Social; Hosted by Remington Lions Club; 2:00pm</td>
</tr>
<tr>
<td>25</td>
<td>Christmas!</td>
</tr>
</tbody>
</table>